

# THINK PINK

## HOW TO USE AMARIS GINGIVA

Peter Tatton discusses Amaris Gingiva, and how to get the best results with this product

Voco's latest addition to its Amaris composite range, Amaris Gingiva, offers a new approach to overcoming the aesthetic problem of gingival recession.

The exposed – and frequently worn – cervical areas of teeth often lack a pleasing appearance when restored with conventional materials such as glass ionomer or tooth-coloured composite. It may well protect the underlying tooth from further wear, but does nothing to address the 'long-in-the-tooth look' associated with ageing and loss of gingiva. This is where Amaris Gingiva offers a paradigm shift in treatment. By using a gingival shade to replace lost tooth substance, the integrity of the root is protected and its

### FACTFILE AMARIS GINGIVA (VOCO)

Indications

Composite restoration in gingiva colours

V-shaped defects

Exposed cervical areas

Aesthetic corrections in the gingival area

Additional colours for challenging restorations

Primary splinting

Correction of the red/white aesthetics

*Dr Peter Tatton graduated from the Royal Dental Hospital in 1977, when composite restorations were in their infancy. With his wife Maureen, he set up a restorative practice in Radlett, Hertfordshire, in the early 1980s. Aiming to provide high quality and aesthetic dentistry, he has been closely following the development of tooth-coloured filling materials and their expanding applications.*



Figure 1: Initial situation on tooth 23



Figure 2: Cervical restoration with Amaris Gingiva



Figure 3: Initial situation on teeth 24, 25, 26



Figure 4: Cervical restorations with Amaris Gingiva

appearance improved.

Amaris Gingiva is straightforward to use. The system consists of a basic gingival-shaded composite and three opaques, which extend the range of gingival colour achievable. When establishing the gingival colour, I find it helps to build up the wear cavity first with the basic gingival composite; this aids in visualising the final outcome and helps fine tune colour selection. With the composite temporarily in place, you can decide on whether an opaque is necessary by using the excellent opaque shade guide made from the actual composite materials used.

The wear area can then be restored totally with Amaris Gingiva, or a combination of

convention and gingival Amaris composites. If an opaquer is used it must be painted on sparingly. The gingival composite is then best built up in small layers and sculptured to reproduce the gingival form. I aim for minimal finishing to reduce gingival trauma. Amaris Gingiva has now become my material of choice when restoring cervical wear; it is simple to use and patients appreciate the lifelike results.

To ask a question or comment on this article please send an email to: [comments@ppdentistry.com](mailto:comments@ppdentistry.com)

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